

**ISHPEMING HIGH SCHOOL
2024 BOYS & GIRLS TRACK**

Updated 3/7/24

<u>DATE</u>	<u>MEET</u>	<u>TIME (All times EST)</u>
FRI. 4/19	Gladstone	A 4:00 PM
MON. 4/29	Gwinn Invite	A 4:00 PM
THUR. 5/2	Kingsford	A 4:30 PM
TUES. 5/7	WIN Meet @ Negaunee	A 3:30 PM
FRI. 5/10	Munising Lions Invitational	A TBD
MON. 5/13	County Meet @ Westwood	A 3:30 PM
THURS. 5/16	MHSAA Regionals @ Ishpeming	H 3:30 PM
MON. 5/20	MPC Meet @ Westwood	A 3:30 PM
WED. 5/22	WestPac Meet @ Ishpeming	H 3:30 PM
SAT. 6/1	U.P. FINALS @ Kingsford	A 10:00 AM

HEAD COACHES: Morgan Kangas-Miller & Thomas List
ASST COACHES: Maeve Serier & Adam Mazurek